

avron

Healthy Recipe of the Week



Ingredients

114-212	Celery - Fresh each	\$3.19
111-200	Cream Cheese 250g	\$5.99
107-113	Wowbutter 2kg	\$19.49
114-112	Red Grapes - Seedless per lb	\$4.19
114-099	Apples each	\$0.77
114-117	Oranges each	\$0.67
101-153	Chocolate Chips 2.3kg	\$30.09

Avron offers all the ingredients needed to make this simple and nutritious recipe!

Fruity Snails and Caterpillars

Cute crawly critter snacks the children will adore!

Instructions

- Start with cutting your celery pieces. Cut a few pieces around 4-5 inches, and short pieces around 2 inches.
- Using either cream cheese or Wowbutter, fill the celery with the spread of your choice.
- Line up a few grapes in the celery for the caterpillar body. Using either cream cheese or Wowbutter, dab two dots on the first grape for eyes. Stick 2 pieces of chocolate chips as the eyes.
- To make snails, slice either an apple or orange into round slices.
- Place the slice into the spread of choice as the snail shell. Use a grape as the head, and apply eyes on the head with the spread and chocolate chips.

YOUR ONE STOP SHOP!

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