

Access French Recipe

INGREDIENTS

4 cups Milk* (110-605) or Dairy Substitute

1/4 cup Cocoa Powder (101-251)

1/4 cup White Granulated Sugar (101-320)

½ cup Semi Sweet Chocolate Chips (101-152)

1/4 tsp Natural Vanilla Extract (101-040)

1 bag of Marshmallows (105-307)

Pretzel Sticks

Servings: 4

Prep Time: 1 minute
Cook Time: 6 minutes

Recipe from: Celebrating Sweets

INSTRUCTIONS

- Pour milk, cocoa powder and sugar in a saucepan.
- 2. Heat over medium/medium-low heat, whisking frequently, until warm (but not boiling).
- 3. Add chocolate chips and whisk constantly until the chocolate chips melt and distribute evenly into the milk.
- 4. Whisk in vanilla extract and set aside to cool.
- 5. Pierce 3 marshmallow pieces with pretzel sticks to form the head and body. Add more pretzel sticks for the arms and legs.
- 6. Mix a bit of cocoa powder with water and dab on the snowman's eyes, mouth and buttons with a paint brush. Garnish the nose with a favourite treat.

Note: Piping hot beverages can burn young children. Make sure beverages have cooled down significantly before serving.

Canada's Food Guide

For guidelines and nutrition information, visit food-guide.canada.ca/en/

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