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Oatmeal Critters

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INGREDIENTS

1 1/3 cups **Quick Oats**, 1 kg (102-780)

3 cups **Water, Milk*** (110-605) or **Dairy Substitute**

1 **Banana** (114-104), peeled and cut into slices

1 pint of **Blueberries** (114-105), washed

1 **Apple** (114-090), washed and cut into triangle and thin rectangular pieces

Wowbutter (107-113)

Servings: 4

Prep Time: 10 minutes

Cook Time: 3-5 minutes

Recipe from: **Quaker Quick Oats**
2.58 kg package

INSTRUCTIONS

1. Boil water in covered saucepan; stir in oats.
2. Return to a boil; reduce heat and simmer.
3. Cook uncovered for 3 to 5 minutes, stirring occasionally; remove from heat.
4. (Optional) Cover and let stand until desired thickness is reached. For creamier oatmeal, combine water and oats; bring to a boil. Cook as directed.
5. Allow oatmeal to cool a bit before adding fruit on top and serving.
6. Scoop oatmeal into bowls and arrange fruit pieces to create animal faces. Use blueberries for the eyes, banana slices for the ears and muzzle, apple pieces for ears and whiskers, and Wowbutter for garnish.

Note: Piping hot oatmeal can burn young children. Make sure oatmeal has cooled down significantly before serving.

Canada's
Food Guide

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