

INGREDIENTS

6 pack Whole Wheat English Muffins (102-101)

3 Tbsp Extra Virgin Olive Oil (101-991)

1/2 tsp Garlic Powder (103-914)

1/4 tsp Italian Seasoning (103-917)

3/4 cup **Pizza Sauce** (109-004)

3/4 cup **Shredded Mozzarella Cheese** (103-917)

Servings: 6

Prep Time: 10 minutes
Cook Time: 10 minutes

INSTRUCTIONS

- 1. Move oven rack to middle position and preheat oven to 400°F (204.44°C).
- 2. Line baking sheet with foil.
- 3. Split English muffins in half. Place the English muffins on the baking sheet.
- 4. In a small bowl combine olive oil, garlic powder, and Italian seasoning.
- 5. Use a spoon or pastry brush to brush about ½ Tablespoon of the oil mixture over each English Muffin.
- 6. Spoon 1 Tablespoon of Pizza sauce over each muffin half and use the back of the spoon to spread out the sauce.
- 7. Sprinkle each with 1 Tablespoon of shredded cheese.
- 8. Bake for 8-10 minutes, or until the cheese is melted and the edges of the English muffins are golden.
- 9. Cool for 3-4 minutes and then serve.

Canada's Food Guide

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